

## BIG BIKE ITINERARY

23<sup>rd</sup> September 2006

**Start Time 10.00 a.m.**

- Stage One            Start at Rose Hill Station, Railway Street, Marple,  
Middlewood Way to Nelson Pit Picnic Site (4 miles – 30 mins fastest  
time)
- Possible refreshments provided by St Martins Church, Poynton?
- Stage Two            From Nelson Pit take short hill up Lyme Road to Macclesfield  
Canal (go through car park onto canal).
- Turn left back towards Stockport. Follow towpath.  
After 1 mile bear right at Middlewood staying on towpath  
At humpback canal bridge just before Bulls Head PH High Lane,  
dismount, before continuing along towpath in direction of Marple.
- Leave canal at Church Lane (Ring O'Bells PH) dismount – style  
(adults lift bikes over)  
7.26 miles
- Turn right onto Church Street and continue straight on to rear of canal  
workshops to Lockside (Marple Top Locks)
- Turn left and drop down Lockside (caution – traffic) towards junction  
with Stockport Road. Do not cross road but take tunnel at side of  
locks (caution – slow – pedestrians)
- Follow towpath alongside Marple Locks (caution – steps) to Station  
Road. Dismount at Station Road \* (caution – cross busy road with  
care)  
**\*Steward required to cross road**  
Follow road alongside canal (slight descent)
- At Marple Wharf Junction (Railway Bridge) rejoin canal towpath
- Follow canal towpath across Marple Aquaduct (caution – narrow,  
steep drop)
- Follow towpath to tunnel. At this point dismount and climb steps to  
Hydebank. Follow road to Hyde Bank Farm and onto Oakwood Road.
- At signpost for Valley Way, on left, just past the farm, turn back onto  
canal towpath.
- Follow towpath to Chadkirk Cottages. Dismount and carry bikes down  
steps at left onto Vale Road (caution – steep steps – adults help  
required for children). At bottom of steps turn left descend down Vale  
Road to Chadkirk Chapel (caution – short steep descent)
- End of Stage Two (9.63 miles)

- Refreshments possibly provided by St. Chads Church in grounds of Chadkirk Chapel.

### Stage Three

Leave Chadkirk Chapel follow Vale Road to Otterspool Road. Turn Left onto pavement for short distance (caution – give way to pedestrians).

Dismount and cross Otterspool Road \* (caution – cross busy road with care)

**\*Steward required to cross road**

Follow Mill Lane (signposted Valley Way). Follow Valley Way past Goyt Hall Farm and through Middle Farm to Bredbury Hall.

Onto Osbourne Street, Bredbury (caution – busy road).

Finish Stage Three at St. Barnabas Church car park (12 miles)

- Possible refreshments provided by St. Barnabas Church.

### Stage Four

(Optional)

Return along Valley Way back to Otterspool Road. Dismount and cross road.

Follow footpath past Wyevale Garden Centre.

Leave Otterspool Road via footpath beyond entrance to Garden Centre. Dismount and lift cycle over style.

Ride path up slight incline and follow around rear of Marple Hall School playing fields.

Exit path at Marple Hall Drive follow road (caution – traffic) to Stockport Road, Marple.

Dismount and cross road at pelican crossing opposite Rose Hill Railway Station. \*

Finish stage on Railway Road (16 miles)

- **Steward required to cross road**

## **BIG BIKE RIDE – SAFETY CARD**

**Welcome to the STOCKPORT BIG BIKE RIDE. On the route there will be points for rest and refreshments. There will also be first aid and a mechanic service if required. If you have any difficulties please contact the number below. Please obey these rules of the ride:-**

- All children must ride with adult supervision
- All riders **must** wear helmets and have appropriate clothing for the weather
- We advise you to ride single file. Do not attempt any dangerous passing. On canal towpaths extra care must be taken due to the water hazard. Do not ride fast – this is not a race!
- Keep a distance from the bike in front. There may be inexperienced riders so keep your space at all times and don't stop suddenly as there will be riders behind you. Please signal any intention to turn left or right. Where main roads are crossed please dismount and cross by pushing your bike. Please keep an eye on children at road crossings.
- Check your bike is in good order especially the brakes. If you break down please stay to the side. If you are an experienced mechanic please try to help others. Mechanics should be available to call on the day and some riders will be equipped with some tools.
- The route passes through some beautiful countryside. Please pass quietly and do not drop litter. Please respect the places we visit and always give way to pedestrians or horse riders.
- If you are involved in an accident, please inform one of the Marshalls who will be riding with the party or telephone the number below. If it is serious then telephone the emergency services.
- You must obey the Highway Code at all times.

**EMERGENCY PHONE NUMBER – 07769 931186**